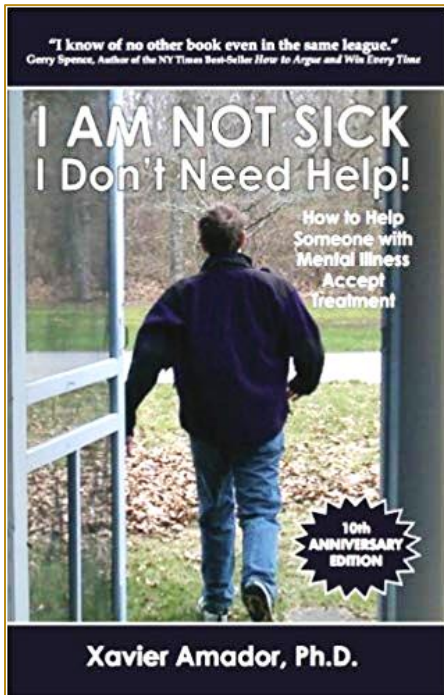


Struggling to help someone with SERIOUS MENTAL ILLNESS accept treatment?



LEAP[®] Training

(Listen–Empathize–Agree–Partner)
based on Dr. Xavier Amador's book

Learn the #1 reason people refuse help – *anosognosia* – and how to create trusting relationships that lead to treatment and recovery!

LEAP[®] IS AN EVIDENCE-BASED APPROACH TO HELP YOU:

- identify anosognosia vs “denial”
- quickly establish trust & compliance
- lower anger and paranoia
- reduce involuntary hospitalizations

Alberta-based LEAP-certified trainer:

- personally trained by Dr. Amador
- experienced teacher and presenter
- family member with lived experience

Participants have said:

“We started using these techniques immediately and noticed some positive results.”

“The presenter was very open, accepting and non-judging – an empowering approach.”

More information: bit.ly/AlbertaLEAP

Arrange a course:

Alberta.LEAP@gmail.com

For family members:

2 evenings or 6 hours on a weekend.

For health care professionals:

2½ hours.

LEAP is offered in cooperation with



Families supporting
Adults with Mental Illness
in Alberta

It's not denial. It's a brain disorder.

