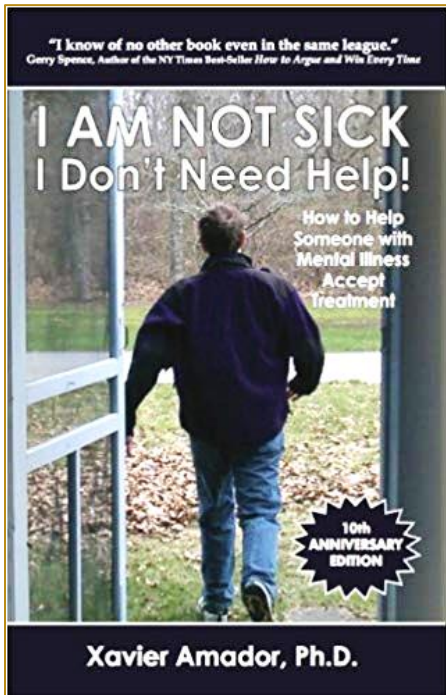


Struggling to help someone with SERIOUS MENTAL ILLNESS accept treatment?



LEAP[®] Training

(Listen–Empathize–Agree–Partner)
based on Dr. Xavier Amador's book

Learn the #1 reason people refuse help – *anosognosia* – and how to create trusting relationships that lead to treatment and recovery!

LEAP[®] IS AN EVIDENCE-BASED APPROACH TO HELP YOU:

- identify anosognosia vs “denial”
- quickly establish trust & compliance
- lower anger and paranoia
- reduce involuntary hospitalizations

Alberta-based LEAP-certified trainer:

- personally trained by Dr. Amador
- experienced teacher and presenter
- family member with lived experience

Participants have said:

“We started using these techniques and immediately noticed some positive results.”

“The presenter was very open, accepting and non-judging – an empowering approach.”

More information: bit.ly/AlbertaLEAP

Winter 2022 online courses for family members
(no charge for Alberta residents):

Mondays Jan 17, 24 & 31
7:00 – 9:00 pm

Wednesdays Feb 2, 9 & 16
7:00 – 9:00 pm

Register at [bitl.ly/AlbertaLEAP](https://bit.ly/AlbertaLEAP)

LEAP is offered in cooperation with:



Families supporting
Adults with Mental Illness
in Alberta



Canadian Mental
Health Association
Edmonton

It's not denial. It's a brain disorder.



HENRY AMADOR
Center on Anosognosia